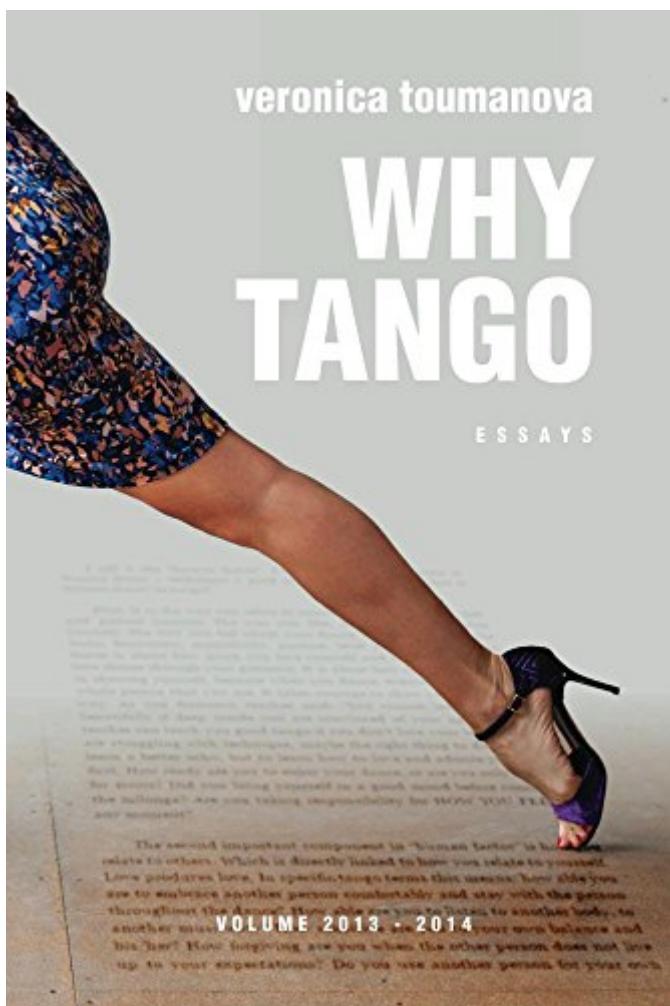


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Why Tango: Essays On Learning, Dancing And Living Tango Argentino (Tango Essays Book 1)



Synopsis

If you are interested in Argentine tango you know that, as Veronica writes in one of her essays, "Tango, no matter your involvement in it, becomes a kind of a world separate from the rest, with its own particular joys, sorrows, difficulties, rules, goals and pleasures." And in this world there are both happiness and suffering. Whether you are a total beginner or an experienced dancer, in Veronica's essays you will discover a rich source of knowledge and inspiration as she tackles complex psychological, social and pedagogical issues in tango as a social dance and a performing art. Her essays offer a profound and well articulated reflection on the contemporary tango scene, supported by insights from psychology, neuroscience, biomechanics and bodymind techniques. What is the most effective way of learning tango? Why do we suffer so much while trying to learn it? How to stay happy and healthy while engaging intensively in this activity? Why does tango bring us so much joy and how to cultivate this joy no matter your age, looks and physical capacities? These are just some of the questions Veronica touches upon in this book that includes her first nineteen essays written between November 2013 and December 2014. Her essays, published as a blog on her Facebook page, are shared by tango people all over the world and translated into 14 languages so far by enthusiast volunteers.

Book Information

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Customer Reviews

Excellent essays, each and every one of them. Veronica masterfully relates skill, technique, attraction, love, musicality, jealousy, learning, being advanced or beginner, the role of steps and figures, and more. Over the years, I have spent a good amount of time off the dance floor discussing personal observations, theories, and advices on the social aspect of tango. Veronica has thought things through much better than I ever did and wrote it down in engaging, pleasant, and convincing language. Rather than telling you what you should or shouldn't do, she tells how things work, sketching the consequences of doing or not doing certain things. Based on where you are in tango and what you seek, these essays will help you further making your own way. They helped me overcome some stubbornly held counterproductive behaviour. Did I say that the essays are a great joy to read?

Being an aficionado of the overall dynamic and culture of Tango and not just the dance, Veronica's essays are quite intriguing. Initially, I just read the sample. But, her insights actually pulled me into reading the entirety. Veronica provides insights that help develop the internal dance regardless to the stage of development; and, shines the light on how our mentalities and actions influence our Tango communities!! Great Read!! Highly Recommended!!

If you are a tanguero, you should read this book. I'm intermediate (5 yrs) and got great insights that helped my dancing, or at least understanding about some frustrations and challenges, and joys.

Brilliant ideas and sharings which are not only applicable to tango world but also to the real life. I love it.

best book on Argentine tango background and life style in the world. Must read for any Tango aficionado.

Easy read. Nugget in each essay.

Deep thoughts about tango. Clearly written.

The essays of Veronica Toumanova bravely seek to answer the implicit questions that tango dancers often cannot express in words. Essential aspects of the dance and of the social dance community are discussed with surprising clarity and insight. This approach is something we have not seen much of before in tango literature, and Why Tango is valuable reading for dancers of all levels.

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